

SUSTAINABLE DEVELOPMENT GOALS





PAK-QATAR
FAMILY TAKAFUL

Community Welfare & Health Initiatives

At Pak-Qatar Family Takaful Limited, we are committed to supporting vulnerable communities through targeted welfare and health initiatives. Our programs focus on providing essential assistance, promoting well-being, and fostering inclusion, while encouraging employee participation and social responsibility.

a) Roshan Distribution Drive:

We organized a Roshan distribution drive to support underprivileged families by providing essential grocery items. Employees from various departments actively participated, reinforcing our commitment to community support.



b) Blood Donation Drive in Collaboration with Saylani Welfare:

In collaboration with Saylani Welfare, we conducted a blood donation campaign to support children affected by thalassemia. Head Office and Karachi branch teams contributed, reflecting our values of empathy and responsible citizenship.

c) KDSP NGO Visit & Inclusion Initiative:

Our leadership visited the Karachi Down Syndrome Program (KDSP) and initiated steps toward creating employment opportunities for individuals with Down syndrome, strengthening our commitment to diversity and inclusion.



Environmental Sustainability

At Pak-Qatar Family Takaful Limited, we recognize our shared responsibility to protect the environment. Our sustainability efforts focus on promoting eco-friendly practices, reducing resource consumption, and encouraging a culture of environmental awareness within the organization.



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a) Reduced Paper Consumption:

In our commitment to creating a more sustainable future, Pak-Qatar Family Takaful Limited has taken proactive steps to reduce paper consumption. As part of this effort, we have transitioned to accepting all form submissions in digital format. This initiative reflects our understanding of the environmental impact caused by excessive paper usage, which leads to deforestation and the depletion of vital natural resources. By going digital, we reduce waste and help preserve our forests, contributing to a healthier planet.

This transition to paperless processes is a key step in our broader efforts to reduce our environmental footprint. It's not just about operational efficiency it's about taking meaningful actions to protect our environment, reduce our carbon footprint, and set an example for others to follow.



b) Sustainability Awareness & Eco-Friendly Practices:

At Pak-Qatar Family Takaful Limited, we believe that promoting environmental sustainability starts within the organization. To foster a culture of sustainability, we encourage our employees to adopt eco-friendly practices in their daily work routines. This includes reducing energy consumption, minimizing waste, and participating in recycling initiatives.

These practices are not only vital for reducing our environmental impact but also play a key role in building a responsible and aware organization. By integrating these habits into our operations, we are contributing to a sustainable future.



Employee Well-being

At Pak-Qatar Family Takaful Limited, we recognize that our employees are the foundation of our organization, and their health, engagement, and personal growth are critical to delivering meaningful societal impact. Our approach to employee well-being is holistic, encompassing physical, mental, and emotional health. By nurturing a supportive and thriving workplace, we empower employees to perform at their best while actively contributing to the organization's CSR initiatives.

Well-being at Pak-Qatar Family Takaful Limited is not just about physical health it also includes mental resilience, stress management, and emotional balance. We strive to foster a culture where employees feel valued, supported, and motivated to engage both professionally and socially.



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a) Health Awareness Sessions:

Pak-Qatar Family Takaful Limited organized health awareness initiatives to support employee well-being and preventive care. An osteoporosis and bone health session for employees was conducted in collaboration with Dr. Shohab Hyder Shaikh, highlighting risk prevention and early identification. This was followed by a breast cancer awareness session exclusively for women employees, led by Dr. Madiha Masood, focusing on self-examination practices and early detection.



b) Employee Engagement Initiative – Interdepartmental Cricket Tournament:

To encourage teamwork and strengthen connections across departments, Pak-Qatar Family Takaful Limited organized an Interdepartmental Cricket Tournament for Head Office staff. The initiative allowed employees to interact beyond their routine responsibilities, helping build stronger workplace relationships, and foster a positive and engaging work environment.

c) Stress Management and Mental Well-Being:

As part of our commitment to employee well-being, we organized a Stress Management Session led by Dr. Nazish Anwer, a psychiatrist with over 20 years of experience. The session focused on understanding stress, its impact, and practical strategies for managing workplace pressures.

Employees learned to identify stress triggers, build resilience, and adopt coping techniques such as mindfulness, relaxation, and breathing exercises. The session was well-received, equipping participants with tools to enhance focus, productivity, and overall mental well-being.



Education

At Pak-Qatar Family Takaful Limited, we are committed to strengthening the link between academic learning and industry practice. By engaging with universities and students, we provide practical insights, mentorship, and exposure to real-world corporate environments. These initiatives help develop career-ready skills, ethical awareness, and professional confidence among emerging talent.



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a) Training Organization outside Practice (TOoP) – Empowering Future Chartered Accountants:

Pak-Qatar Family Takaful Limited is proud to be recognized as an approved employer under the TOoP program of the Institute of Chartered Accountants of Pakistan. This acknowledgment reflects our commitment to fostering professional growth and creating meaningful opportunities for aspiring Chartered Accountants to gain practical experience within a corporate environment.

Through TOoP, we strive to empower future leaders by providing them with the skills, knowledge, and exposure required to excel in the corporate world. We are grateful to ICAP for this recognition and remain dedicated to contributing to the development of the next generation of Chartered Accountants.





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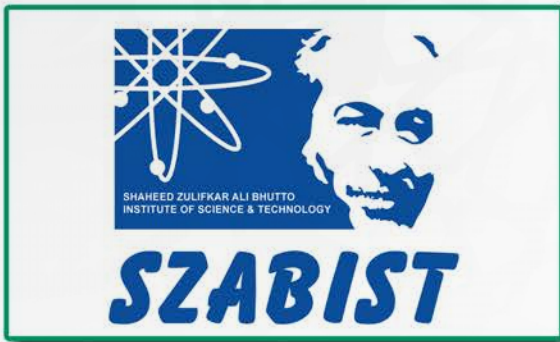
b) Takaful Awareness & Employer Branding at Jamia tu Rasheed:

In collaboration with our Shariah department, we conducted a Takaful awareness session at Jamia tu Rasheed, Karachi. The session focused on financial literacy, ethical insurance practices, and industry insights, while also supporting employer branding efforts.



c) MBA Session at SZABIST University:

A representative from Pak-Qatar Group's HR team delivered a guest lecture on Strategic Human Resource Management at SZABIST. The session provided practical corporate insights and highlighted career opportunities within the organization.



Shaping a Sustainable Future

Reflecting on our CSR journey in 2025, it is clear that meaningful change is created not just through initiatives, but through purpose-driven, consistent action grounded in our values. At Pak-Qatar Family Takaful Limited, the true impact of our efforts lies in the lasting difference we make in the lives of individuals, the resilience of the communities we serve, and the health of our environment. We believe that even small, thoughtful actions can create a meaningful change, opening opportunities, empowering individuals, and fostering a culture of empathy and responsibility.

Looking ahead, we are committed to making our CSR initiatives more impactful pursuing innovation, supporting talent, promoting inclusion, and advancing environmental sustainability to create meaningful, lasting change.

Through deliberate action, shared responsibility, and a forward-thinking vision, Pak-Qatar Family Takaful Limited is building a future where empowered communities, engaged employees, and a healthier environment thrive together, leaving a legacy of positive impact for generations to come.